

## Step 2

### Research: How does Coronavirus Impact Vulnerable Communities?

#### Copy & use this checklist to make sure you complete all the parts:

Click the links to automatically jump to the section. / Haga clic en los enlaces para saltar automáticamente a la sección. / Nhấp vào liên kết để tự động chuyển đến phần. / Klike sou lyen yo pou ale nan seksyon an otomatikman. لنک پر کلک کریں۔ links حصے میں خود بخود کودنے کے ل

- [A. Choose your focus community](#)
- [B. Make your vocabulary list](#)
- [C. Speak about your choice](#)
- [D. Research your community](#)
  - [Complete Instagram post graphic organizer](#)
  - [Complete videos graphic organizer](#)
- [E. Matching Resources activity](#)
- You're done! → Move on to Step 3: Make Your Own Meme!

Look at this example / [ejemplo](#) / [thí dụ](#) / [egzanp](#) (we chose to focus on Asian Americans) as a model:

[https://docs.google.com/document/d/1LnpGk88\\_36veqV-HIBFujYBHV6K0xwJ0YI6Fxf9C0/edit?usp=sharing](https://docs.google.com/document/d/1LnpGk88_36veqV-HIBFujYBHV6K0xwJ0YI6Fxf9C0/edit?usp=sharing)

\*\*\* To earn credit for your work, send a picture of all written work to Ms. Apt.

Para obtener crédito por su trabajo, envíe una foto de todo el trabajo escrito a Ms. Apt. / Để kiếm được tín dụng cho công việc của bạn, hãy gửi một bức tranh về tất cả các công việc bằng văn bản cho cô Apt. / Pou touche kredi pou travay ou, voye yon foto tout travay ekri bay mesye Apt. \*\* / اپنے کام کا کریڈٹ حاصل کرنے کے لئے، محترمہ آپٹ کو تمام، تحریری کاموں کی تصویر ارسال کریں۔

#### A. Choose your focus community:

##### ❖ Directions:

- With the seven groups below, make your own English definition of the word with the help of the Spanish equivalent next to the English and online articles.
- Then complete the activity at the end.

##### Instrucciones

- Con los siete grupos a continuación, haga su propia definición en inglés de la palabra con la ayuda de la palabra en español equivalente al lado del inglés y artículos en línea.
- Después, cumpla con la actividad al final.

##### Hướng dẫn

- Sử dụng bảy nhóm dưới đây, tạo định nghĩa từ tiếng Anh của riêng bạn với sự trợ giúp của các từ và các bài báo trực tuyến tương đương với tiếng Anh.
  - Sau đó hoàn thành các hoạt động ở cuối.

### Enstriksyon

- Sèvi ak sèt gwoup ki anba yo, fè pwòp definisyon angle ou nan mo a avèk èd nan angle-ekivalan mo angle a ak atik sou entènèt.
  - Lè sa a, ranpli aktivite a nan fen an.

### ہدایات:

ذیل میں سات گروپوں کے ساتھ ، انگریزی اور آن لائن مضامین کے آگے ہسپانوی مساوی کی مدد سے اس لفظ کی اپنی انگریزی تعریف بنائی۔  
پھر آخر میں سرگرمی کو مکمل کریں۔

---

#### 1) Undocumented (*indocumentado/sin papeles*)

- Your definition:

#### 2) Incarcerated (*encarcelado*)

- Your definition:

#### 3) Disabled (*discapacitado*)

- Your definition:

#### 4) The LGBT community (*La comunidad LGBT*)

- Your definition:

#### 5) Asian-Americans (*Americanos asiáticos*)

- Your definition:

6) Victims of domestic abuse (*Víctimas de la violencia doméstica*)

- Your definition:

7) Healthcare workers (*trabajadores de salud*)

- Your definition:

❖ **Activity Directions:**

Using only the English you already know, choose four of the seven groups above and write a list or paragraph entirely in English that describes some of the problems these four groups share and experience.

**Actividad Instrucciones:**

Usando solamente el inglés que usted ya conoce, elija cuatro de los siete grupos arriba y escriba una lista o párrafo totalmente en inglés que describe algunos de los problemas que estos cuatro grupos comparten y experimentan.

**Hoạt động**

Chỉ sử dụng tiếng Anh mà bạn đã biết, chọn bốn trong số bảy nhóm ở trên và viết một danh sách hoặc đoạn hoàn toàn bằng tiếng Anh mô tả một số vấn đề mà bốn nhóm này chia sẻ và gặp phải.

**Aktivite**

Sèvi ak sèlman angle a ke ou deja konnen, chwazi kat nan sèt gwoup ki anwo yo epi ekri yon lis oswa paragraf antyèman an angle ki dekri kèk nan pwoblèm sa yo ke kat gwoup sa yo pataje ak eksperyans.

سرگرمی کی ہدایات:

صرف انگریزی کے استعمال سے جو آپ پہلے سے ہی جانتے ہو، مذکورہ بالا سات گروہوں میں سے چار کو منتخب کریں اور انگریزی میں مکمل طور پر ایک فہرست یا پیراگراف لکھیں جس میں ان چار گروہوں کے اشتراک اور تجربے میں سے کچھ پریشانیوں کو بیان کیا گیا ہے۔

## B. Vocabulary Activity:

- ❖ To do these activities, copy the following on a separate sheet of paper or in a notebook, and then follow the instructions.
- ❖ Para hacer estas actividades, copie los siguiente en una hoja de papel suelta o un cuaderno, y después siga las instrucciones.
- ❖ Để thực hiện các hoạt động này, sao chép các mục sau vào một tờ giấy hoặc sổ ghi chép lỏng lẻo, sau đó làm theo hướng dẫn.
- ❖ Pou fè aktivite sa yo, kopye bagay sa yo sou yon fèy papye ki lach oswa yon kaye, epi swiv enstriksyon yo.

❖ ان سرگرمیوں کو کرنے کے لئے ، مندرجہ ذیل کو کاغذ کی علیحدہ شیٹ پر یا ایک نوٹ بک میں کاپی کریں ، اور پھر ہدایات پر عمل کریں۔

### Directions

- Using your intuition and online dictionaries, pair up the following vocabulary words with their corresponding term in Spanish by drawing a line in between them.

### Instrucciones

- Usando su propia intuición y los diccionarios online, empareje las siguientes palabras de vocabulario por trazar una línea entre la palabra inglés y su término correspondiente en español.

### Hướng dẫn

- Sử dụng trực giác và từ điển trực tuyến của riêng bạn, khớp các từ vựng sau đây bằng cách vẽ một đường thẳng giữa từ tiếng Anh và thuật ngữ tiếng Tây Ban Nha tương ứng của nó.

### Enstriksyon

- Sèvi ak entwisyon pwòp ou yo ak diksyonè sou entènèt, matche ak mo sa yo vokabilè pa fè desen yon liy ant mo angle a ak korespondan li yo tèm Panyòl.

### ہدایات

اپنی بدیہی اور آن لائن لغات کا استعمال کرتے ہوئے ، ذیل کے الفاظ کو ان کی اسی اصطلاح کے ساتھ ہسپانوی میں جوڑیں اور ان کے مابین ایک لکیر کھینچیں۔

Mutual aid	Solidaridad
Community	Prejuicio
Help	Discriminacion
Support	Ayuda mutua
Solidarity	Apoyo
Prejudice	Comunidad
Discrimination	Ayuda o ayudar

### Preguntas para responder en papel

- 1) ¿Cuales fueron las palabras más fáciles de emparejar?
- 2) Palabras inglesas como “solidarity”, “discrimination”, “prejudice”, “community”, “aid” y “mutual” vienen originalmente de la lengua antigua latin.
  - a) ¿Por qué tiene sentido entonces que estas palabras inglesas suenen tan similares a palabras cognadas en español?
- 3) Para concluir, arme un parrafito *en inglés* usando las otras seis palabras de vocabulario para describir que es la ayuda mutua. Escriba el parrafito como si fuese hablando con alguien que sabía por nada el sentido de la frase “ayuda mutua”.

### C. Speaking

- ❖ **Directions:** After you choose your community, either / *Después que escojas su comunidad de enfoque* / *Sau khi bạn chọn cộng đồng của mình, một trong hai* / *Apré ou chwazi kominote ou, swa* / *اپنی کمیونٹی کا انتخاب کرنے کے بعد ، یا تو*

(a) send an **audio recording** to Ms. Apt about why you chose your community, using the sentence frames here / *enviar grabación de audio a Ms. Apt sobre la razón por la que elegiste*

*su comunidad, utilizando los marcos de oraciones aquí / gửi bản ghi âm cho cô Apt về lý do bạn chọn cộng đồng của mình, sử dụng các khung câu ở đây / voye anrejstreman odyo Ms. Apt sou poukisa ou te chwazi kominote ou, lè l sèvi avèk ankadreman yo fraz la isit la / یہاں جملے کے فریموں کا استعمال کرتے ہوئے ، آپ اپنی برادری کا انتخاب کیوں کرتے ہیں اس کے بارے میں محترمہ آپ کو ایک آڈیو ریکارڈنگ بھیجیں*

I chose the \_\_\_\_\_ community. I know about the \_\_\_\_\_ community because \_\_\_\_\_.

This is important to me because \_\_\_\_\_.

**or**

(b) *call and have a conversation with a friend or with one of us about your chosen topic; make an audio recording using the sentence frames and send to Ms. Apt / llamar y tener una conversación con un amigo o con uno de nosotros sobre el tema elegido; hacer una grabación de audio usando los marcos de oraciones y enviar a la Sra. Apt /*

*gọi và nói chuyện với một người bạn hoặc với một trong số chúng tôi về chủ đề bạn đã chọn; tạo một bản ghi âm bằng các khung câu và gửi cho cô Apt / rele epi fè yon konvèsasyon avèk yon zanmi oswa avèk youn nan nou sou sijè ou chwazi a; fè yon anrejstreman odyo lè l sèvi avèk ankadreman fraz yo epi voye bay mesye Apt / اپنے منتخب کردہ موضوع کے بارے میں کسی دوست کے ساتھ یا ہم میں سے کسی کے ساتھ فون کر کے گفتگو کریں۔ جملے کے فریموں کا استعمال کر کے آڈیو ریکارڈنگ بنائیں اور محترمہ آپ کو بھیجیں*

My friend chose \_\_\_\_\_ because \_\_\_\_\_.

This is important to them because \_\_\_\_\_.

**D. Research** *Next, you will research your community.*

- ❖ **Directions:** *Copy the graphic organizers below. As you read the instagram posts (including the caption!) and watch at least one video about the community you chose, fill out the graphic organizers. Use the links in this list to find the corresponding Instagram posts and videos. / En seguida, investigarás tu comunidad. Copie los organizadores gráficos a continuación. Mientras lees las publicaciones de Instagram (incluyendo la leyenda!) y vees por lo menos un video sobre la comunidad que escogiste, rellene los organizadores gráficos debajo. Utilice los enlaces de esta lista para encontrar las publicaciones y videos de Instagram correspondientes. / Sao chép các tổ chức đồ họa dưới đây. Tiếp theo, bạn sẽ nghiên cứu cộng đồng của bạn. Khi bạn đọc các bài đăng trên instagram (bao gồm chú thích!) Và xem ít nhất một video về cộng đồng bạn đã chọn, hãy điền vào các công cụ tổ chức đồ họa bên dưới. Sử dụng các liên kết trong danh sách này để tìm các bài đăng và video tương ứng trên Instagram. / Kopi òrganizatè grafik ki anba yo. Apre sa, ou pral fè rechèch sou kominote w la. Kòm ou li posts yo*



4. @		
5. @		

**Video Graphic Organizer:**

Name of video clip:	What?	Where?	When?	Why?

**Undocumented Community**

Videos:

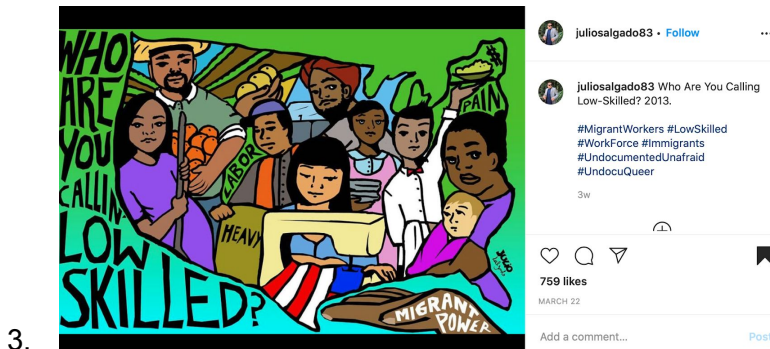
1. [Coronavirus is wreaking havoc on the economy. It's hitting Hispanic workers harder.](#)
2. [The Coronavirus' Unique Threat to Undocumented People](#)

Instagram Posts:

1. 

The image shows an Instagram post from the user 'rod\_novea' in New York, New York. The post features a photograph of the Statue of Liberty's head, which is wrapped in a white sheet, with a white medical mask covering the face. The caption reads: "America again has forgotten the 12 million #undocumented cooks, construction workers, delivery people, farm workers and cleaners who are suddenly out of a job without any chance of unemployment benefits or federal stimulus checks. Those who still work often do so in close quarters and at high risk of infection. They are considered essential workers. @johndelaney @nygov @nycmayor what are you going to do about it? 🇺🇸". The post has 81 likes and was posted 7 hours ago.



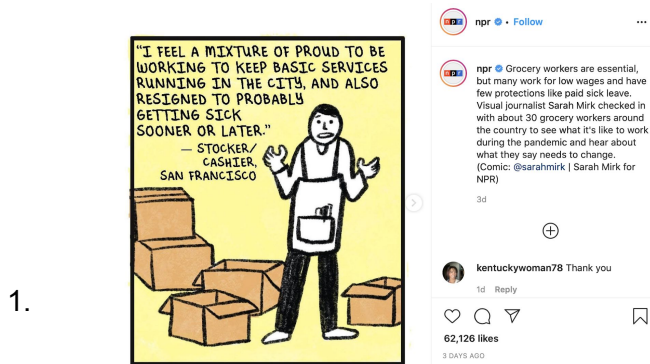


**Essential Worker Community**

Videos:

1. [Essential workers risk coronavirus exposure to serve their communities](#)
2. [Doctors and nurses "scared to come to work" to treat coronavirus patients because of supply shortages](#)

Instagram Posts:



3. **New York's coronavirus shut-ins join the world in nightly applause for service workers**

**ex Brit**  
@philleehh

I live in Germany, where they applaud their health service by funding it

Goodnight

6:18 PM · Mar 26, 2020 · [Twitter for Android](#)

79.2K Retweets 448.5K Likes

feminist\_atheist\_humanist · Follow ...

feminist\_atheist\_humanist Uppity white libs love doing the bare minimum to demonstrate to others that they care for the less fortunate. 🙄

38m

feminist\_atheist\_humanist  
#Coronavirus #COVID19  
#COVID\_19 #COVID #Pandemic  
#EconomicJustice  
#Economicinequality #Capitalism  
#Progressive #Progressives  
#Leftist #Leftism #Socialist  
#Socialism #Marxism #Marxist  
#HumanRights #SocialJustice  
#Equality #Equity #NotMeUs  
#MedicareForAll  
#UniversalHealthcare #Healthcare  
#SocialJustice #EssentialWorkers

330 likes  
38 MINUTES AGO

Comments on this post have been limited.

4. **This is what striking workers won this week:**

**@Amazon** is rolling out temperature checks & face masks nationwide

**@Instacart** will distribute safety kits to all its shoppers

**@Target** has promised face marks & gloves for ALL of its employees

**@Walmart** - same

sunshineindarktimes · Follow ...

ivan\_julie29 Bs... target hasn't provided us with any face masks, they handed us a note on how to make ur own face mask...

4d 1 like Reply

View replies (1)

stpchal Fuck Intacart I downloaded the app and was charged 150 dollars

3d Reply

beneastwater\_ This really hurt my eyes

2d Reply

39,468 views  
APRIL 5

Add a comment... Post

5. **TO ALL THE PEOPLE WHO ARE WORKING & CAN'T STAY HOME...**



**Thank You, Thank You, Thank You!**

spatinas · Follow ...

spatinas Thankyou! 🙏 Like if your an essential worker OR tag someone you know and give thanks!  
#sharethelove #stayhome  
#essentialworkers #care #health  
#2020 #conavirus #covid19 #spa #love  
#riograndevalley #mcallen

38m

4 likes  
38 MINUTES AGO

Add a comment... Post

## Incarcerated Community

Videos:

1. ["Today" Poem from the Inside on COVID-19](#)
2. [Coronavirus in Jail: Why an Outbreak Puts an Entire City at Risk](#) (use subtitles!)
3. [What It's Like to be in Prison During Coronavirus](#)

Instagram:

1.

The image is a bar chart titled "AMERICAN PRIORITIES". It compares the number of hospital beds and prison beds in the United States. The x-axis has two categories: "HOSPITAL BEDS" and "PRISON BEDS". The y-axis represents the number of beds. The bar for "HOSPITAL BEDS" is orange and reaches the number 924,000. The bar for "PRISON BEDS" is blue and reaches the number 2,300,000. There are small illustrations of a hospital bed and a prison bed above their respective bars.

AMERICAN PRIORITIES

924,000 HOSPITAL BEDS

2,300,000 PRISON BEDS

covid19mutualaid · Following

cell. Text states, "FREE them ALL. More than 2.3 million people in U.S. prisons, jails + immigrant concentration camps risk infection."

1w 1 like Reply

vatchesolakian Lock down the public and release the crooks. You still on the payroll son?

1w 1 like Reply

quar.antinewatch

1w Reply

450 likes

MARCH 26

Add a comment... Post

2.

The image is a colorful graphic. At the top, it says "FREE THEM ALL" in large, bold, yellow letters. Below this, two people are shown from the chest up, wearing orange V-neck shirts with the word "HUMAN" printed on them. They have their arms raised in a fist. In the background, there is a grey jail cell with the words "CLOSE ALL ICE JAILS" written on it. At the bottom, there are logos for "CS", "GEO CORE CIVIL", and "#FreeThemAll".

FREE THEM ALL

HUMAN

HUMAN

CLOSE ALL ICE JAILS

CS

GEO CORE CIVIL

#FreeThemAll

julioalgado83 · Follow

julioalgado83 Our country continues to detain and incarcerate our migrant communities, even as the world adapts towards collective efforts to minimize the devastating impacts of the #Coronavirus pandemic. There have been numerous cases of detainees and ICE employees who have tested positive for COVID-19. There is no social distancing in prison. Immigration detention is not designed to minimize the transmission of communicable diseases, which is how we fight this pandemic. The Center for Cultural Power (@culturestrike) has partnered with the @ic4j and immigrant artists to demand that ICE #FreeThemAll, recognizing that now, more than ever, the work of artists

415 likes

APRIL 1

Add a comment... Post

3.

**freethe350bailfund** • Follow  
Dane County Sheriff's Office

**freethe350bailfund** People in jail and prisons are a public health risk for EVERYONE. Free them all now. Donate to our April bail fund raiser and help to free people from cruel and unusual punishment that is being locked up during a pandemic.  
Venmo: @Liam-Marijan  
Cashapp: \$FreeThe350BailFund  
Paypal: MadisonGDC@gmail.com  
-indicate its for the Bailfund.

4d

**freethe350bailfund** #Madison #Madisonwi #madisonwisconsin #danecounty #danecountywi #abolition #abolishjails #abolishprison #abolishice

12 likes  
4 DAYS AGO

Add a comment... Post

4.

**chibondfund** • Follow

**chibondfund** In just one week, the number of people at Cook County Jail who have tested positive for COVID-19 has gone from two to 101, with more than 90 people awaiting test results. At the current rate of infection, all of the 5,000 people incarcerated in Cook County Jail could be sick within ten more days.

We are in the midst of a public health

140 likes  
MARCH 30

Add a comment... Post

**Disabled Community**

Video:

[People With Disabilities Were Already Overlooked. Coronavirus Is Making It Worse.](#)

Instagram Posts:

1.

**communityaccessunlim** • Follow  
Community Access Unlimited

**communityaccessunlimited** CAU is seeking Personal Protective Equipment and donations as we continue to provide critical services for medically vulnerable populations through this health emergency. This includes face masks, gowns, gloves, and thermometers to support our continuous precautionary monitoring. With over 350 members being served in 60 residential programs and an additional 700 people in the community receiving supports, staffing levels cover 7-day services around the clock. Contact us at info@caun.org or 908-354-3040. Credit Card donations can be made online at caun.org/support-us/ to help CAU protect members and staff and

22 likes  
5 DAYS AGO

Add a comment... Post

2.

**#NoBodyIs Disposable**

uncontrollablefatbitch • Follow

REACH OUT to your government officials: scripts and contact information in the link in our bio.

SHARE a #SolidaritySelfie to help spread the word: be sure to include the link [tinyurl.com/nobodyisdisposable](https://tinyurl.com/nobodyisdisposable) in the comments.

Thank you for supporting the people we serve and the disability community at large through these three actions.

#WeAreAllVentilatorWorthy  
#ImAPersonNotADifficultDecision  
#TriageEquality #WeAreEssential  
#DontRationOurCare

35 likes  
4 DAYS AGO

Add a comment... Post

3.

communityaccessunlim • Follow  
Community Access Unlimited

communityaccessunlimited Disability rights are human rights. We're making ourselves heard with signs calling for funding and support for DDD programs and our Direct Support Professionals.

#communityaccessunlimited  
#cauchallenge #caustopthespread  
#disabilityrights #caunj #advocacy #rights

2w

msmuhammad26 🙏🙏🙏

2w 1 like Reply

35 likes  
MARCH 28

Add a comment... Post

4.

healingnerd • Follow

Can we give as much respect to the elder who wants to live another day, as we do to the one who gives up their ventilator to a younger patient?  
Can we try to comprehend that "quality of life" should not be defined only by the standards of those who can't imagine living with physical limitations?  
Can we work to make sure everyone has enough so that our healthcare workers aren't forced into making these horrific decisions?  
♥️ Nobody is disposable. ♥️ Thank you @fatlink for the amazing work you've been putting into this!

#nobodyisdisposable #cofascism  
#wearessential #covid19 #trriage  
#trriageequality #chronicillness  
#autoimmunedisesease

13 likes  
4 DAYS AGO

Add a comment... Post

5.

celestialfae3 • Follow

celestialfae3 Disabled people are essential. Even when you make poor judgments about our quality of life. Even when our prognosis isn't for a long, healthy life. Even when you think our necessary medical equipment would better serve someone you deem more worthy. Even when you want us to sign do-not-resuscitate orders. We deserve to live and be treated with compassionate medical care. This should not be seen as a radical statement yet here we are.

#WeAreEssential #NobodysDisposable  
#NoICUgenics #DisabilityRights  
#Disability #DisabledNotDisposable

1w

9 likes


## LBGTQ+ Community

Video:

[Human Rights Campaign warns LGBTQ community is at risk during coronavirus crisis](#)

Instagram Posts:

1. 

2. 

## Coronavirus pandemic a perfect storm for LGBTQ homeless youth

By nbcnews.com April 6, 2020



Nez Marquez, 23, is staying at Sylvia's Place, an emergency shelter in New York City for LGBTQ teens and young adults. Courtesy of Nez Marquez

3.

4.

### Extra Information:

## Asian-American Community

### Videos

1. [Asian Americans report rise in racist attacks amid pandemic](#)
2. [Asian Americans face discrimination in the wake of coronavirus](#)

### Instagram posts

1.



**chineseagainstracistvin** • Follow ...

**chineseagainstracistvin** Our campaign logo designed by @luyangjojo. We are a group of Chinese students studying in the UK. We have witnessed that the coronavirus epidemic has triggered an increase in discrimination against Chinese people and communities, as well as other East and South-East Asians who are often perceived as Chinese. We have thus decided to launch an anti-racism campaign.

#ChineseAgainstRacistVirus  
#Iamnotavirus

250 likes  
FEBRUARY 6

Add a comment... Post

2.



**m.onicart** • Follow ...

**m.onicart** Asian-American. I have had to fight for that hyphen for my entire life, like I have something to prove to both sides. I have grown up sheltering my dual identity from being broken. Luckily I live in a place where I am mostly free from daily racism, and attend a school that has supported my pursuits by helping me and my friends form an Asian Student Union. There, I have encouraged my friends to stand up for themselves, but how could we have possibly anticipated that the greatest test of our activism would present itself in such a way? Since the COVID-19 outbreak, that roof that has sheltered my hyphen has been ripped away, and I feel eyes on me even when I walk outside in my neighborhood. I

124 likes  
3 DAYS AGO

Add a comment... Post

3.



**hateisavirus\_** • Follow ...  
Los Angeles, California

**hateisavirus\_ #HATEISAVIRUS I**  
@maulikpancholy

"Let's work together to stop the #bullying and acts of #hate being directed at our #AsianAmerican community. Racism will not end the #coronavirus. #acttochange is proud to support the hateisavirus\_ campaign. If you or someone you know is being bullied, we have specific #covid19 resources at ActToChange.org."

2h

**hateisavirus\_ #hateisavirus**  
#asianpride #covid19 #worldpeace  
#covid\_19 #coronavirus

115 likes  
2 HOURS AGO

Add a comment... Post



4.

abuse:

Video:



tien\_vu • Follow  
Stop Racism Today

tien\_vu · I usually don't do serious photos but I felt like it was necessary for me to use my photography to express how I feel on the current event. People all around the world are using this colorless virus as an excuse to be racist and xenophobic. People are not viruses they are human. At this point the racism is scarier than the virus itself with people getting assaulted, harassed, and called slurs just for being asian. Phrases like "I don't want your Corona in my country" are being spewed at asians as they are targeted and physically assaulted for being alive. I am asking you guys to please help me spread my messages sharing this on your story and tagging me. We may just be high school students but we too can see humanity crumbling. #explorepage

7,460 likes  
MARCH 14

Add a comment... Post

**Victims/survivors of domestic**

[Domestic violence websites see a surge in number of visits](#)

Instagram Posts:

1.



hashtagfly • Follow  
Lehi, Utah

hashtagfly · Our area has had a dramatic increase in domestic violence cases. We are up over 30% in the past couple weeks.

Combining the financial stresses of people losing their jobs, the heavy challenge of working from home while also schooling our children from home can build up and spill out into relationships.

Domestic violence is never ok. Not even once.

Lets all check on our people. People who we know may be already in a rough spot. People who even before the quarantine we worried about. They

65 likes  
MARCH 25

Add a comment... Post

2.



thea.care • Follow

thea.care With lockdowns being extended across the country, we want to maintain our focus on the gender aspect of the Pandemic. Women's mental health, especially with mounting reports around women facing domestic violence, is our main focus.

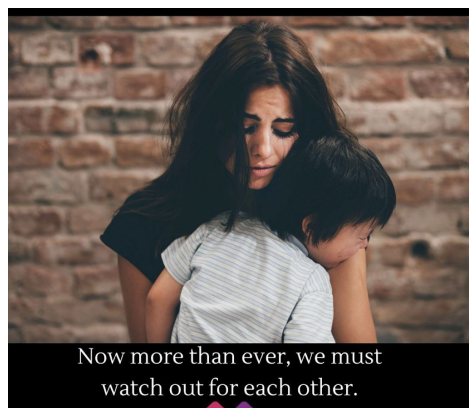
We want to reiterate, that you can reach out to us any time for any queries around your health, well-being, nutrition, exercise. We're here for you

There are more Resources you can download-: LINK IN BIO

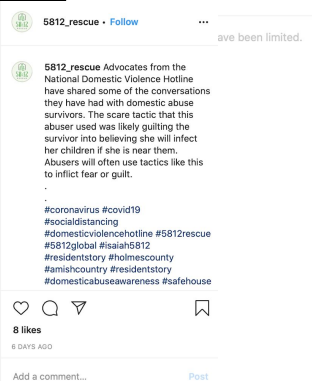
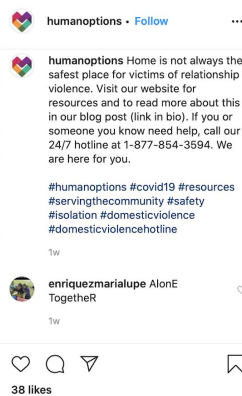
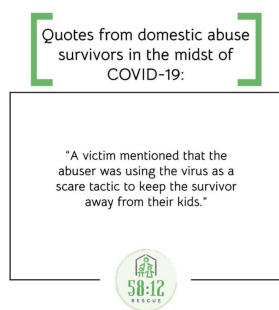
28 likes  
5 DAYS AGO

Add a comment... Post

3.



4.



## E. Matching Resources

- ❖ **Directions:** **Search** each of the resources on the right-hand column on the Internet. While you do this, **write** the letter of the helpful resource(s) below that matches the community (1-7) in need on a piece of paper. Do this for all 7 communities to learn about their resources; you can use the resources you find for your community in Part 3! / **Busque** en cada uno de los recursos de la columna derecha en el Internet. Mientras hace esto, **escriba** la letra de los recursos útiles que coincida con la comunidad necesitada (1-7) en una hoja de papel. Haga esto para que las 7 comunidades para que aprendan de sus recursos; puede utilizar los recursos que encontrarás para su comunidad en la Parte 3! / Tìm kiếm từng tài nguyên trên cột bên phải. Trong khi bạn làm điều này, hãy viết thư của (các) tài nguyên hữu ích bên dưới phù hợp với cộng đồng có nhu cầu trên một mảnh giấy. Làm điều này cho tất cả 7 cộng đồng để tìm hiểu về tài nguyên của họ; bạn có thể sử dụng các tài nguyên bạn tìm thấy cho cộng đồng của mình trong Phần 3! / Chèche chak resous ki nan kolòn dwat la. Pandan w ap fè sa, ekri lèt resous itil (yo) anba a ki koresponn

*ak kominote ki nan bezwen an sou yon moso papye. Fè sa pou tout 7 kominote yo aprann sou resous yo; ou ka itilize resous ou jwenn pou kominote w la nan Pati 3 a!*

<b>Communities</b>	<b>Resource</b>
___ ___ ___ 1. Asian-Americans	a. Discapacidades / Disability Underground
___ ___ ___ 2. Essential Workers	b. Juntos Contra Covid
___ ___ ___ 3. Undocumented	c. La Red Hotline
___ ___ ___ 4. Survivors of/those who experience domestic abuse	d. Committee 100
___ ___ ___ 5. Disabled	e. Futures Without Violence
___ ___ ___ 6. Undocumented	f. Prison pen-pals
___ ___ ___ 7. Incarcerated	g. The Trevor Project Crisis Services
	h. Hetrick-Martin Institute for LGBTQ+ Youth
	i. Make Prison & Jail Communication Free During COVID-19 and Forever
	j. Tell Trump: Use the National Defense
	Production Act to Protect Essential Workers
	NOW!
	K. APALA

*You're done! :)*